

**Are You Interested In Volunteering with the In Care Survivor Service Scotland?**

If you feel you have the skills, time and character that would suit a volunteer role within the In Care Survivor Service or would like more information please contact our Falkirk base and ask speak to the 'In Care' Volunteer Development Manager on 01324 679059

Alternatively complete the tear off slip below and return to :  
**98 Thornhill Road  
 Falkirk  
 FK2 7AB**

My name is .....  
 and I am particularly interested in the following area of volunteer work with the In Care Survivor Service Scotland;  
 (Please tick)

- **Counselling**
- **Advocacy**
- **Telephone Helpline**
- **Befriending**
- **Co-Facilitating Groups**
- **Administration**
- **Representing the Service**
- **Campaigning**
- **Any Area**

My phone number is .....  
 .....

The best time to contact me: Day Time   
 Evening

**In Care Survivors Service Scotland**

A partnership led by Open Secret

www.incaresurvivors.org.uk  
 www.survivorscotland.org.uk  
 Free Helpline: 0800 121 6027

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**Volunteering with In Care Survivor Service Scotland**

Services for individuals that have suffered childhood abuse while in care

**98 Thornhill Road  
 Falkirk  
 FK2 7AB**

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## Who we are and what we offer

The 'In Care Survivors Service Scotland' is a new Partnership service led by 'Open Secret' a service for individuals and families affected by childhood sexual abuse.

This service was developed to highlight and address the long term effects, as well as current and future needs of those survivors subjected to neglect, physical, emotional and sexual abuse whilst in care.

We offer Scotland wide services such as:

- **A Free Telephone Helpline:** **0800 121 6027** which provides an opportunity for survivors, their family members, friends or support services to discuss issues affecting them and gain support in a confidential and convenient way.
- **Counselling** - Offering one to one counselling in a safe place to explore thoughts, feelings, behaviours and the emotional impact of childhood abuse, whilst in care has on their lives.
- **Advocacy** - Providing physical support or verbal advice and guidance on how to deal with practical issues such as benefits, housing, criminal injuries, compensation claims and accessing records.
- **Befriending** - Linking service users to befrienders in their local area can help individuals gain confidence through meeting new people and having new experiences. Befrienders can help to establish links with the local community, social, educational and recreational facilities.

- **Groupwork** - We can provide various supported groups such as women's groups, men's groups, art therapy groups and writing groups to help build confidence and social skills. These groups are co-facilitated. 
- **Library and Resources** - Most of our main bases hold libraries and other resources for service users, staff and volunteers to access.

## The Recruitment Progress

When recruiting volunteers for the In Care Survivor Service Scotland it is imperative that we put the needs of our service users first.

This means:

- **Administrative/Reception Support** - Administrative volunteers help to provide reception cover or assist with large mail outs and other administrative tasks in our office. Some of this work is ad hoc and may suit someone that does not want a weekly commitment.
- **Representing the Service at Events** - Volunteers who are interested in networking can represent the organisation at a variety of events. Due to the variety of subjects covered at meetings there is much opportunity for learning throughout the service and to promote the service to others.

 **Campaigning and Raising Awareness** - There are many opportunities for volunteers to campaign on issues related to childhood abuse while in care.

We will recruit volunteers who have a knowledge or are willing to learn about the impact of abuse while in care, can have on the lives of individuals.

Recruiting volunteers who can commit to a minimum of two hours per week.

## What can volunteers expect from the service?

The In Care Survivor Service Scotland would like to ensure that our volunteers feel valued for their commitment and dedication. We therefore ensure personal benefits to being a volunteer within the service such as;

- Access to internal and external training relevant to your role.
- The opportunity to take part in events such as open days, conferences, partnership events and information sessions both internally and externally.
- Being actively involved in service feedback so as to contribute to decision making, planning and development of the service.
- Regular Managerial support meetings to discuss progress, issues and individual progress and development.
- Many chances to build your knowledge base, by making new contacts through networking.
- Represent the In Care Survivor Service Scotland at various events.
- Early communication of employment opportunities
- Gaining valuable references